Volume 9, Number 12 June 25-July 22, 1994

UCSF Newsbreak

UCSF Commencements 1994

UCSF graduated some 600 students over the last few weeks in ceremonies celebrating the academic accomplishments of budding doctors, nurses, psychiatrists, pharmacists, dentists and other health care professionals.

In the last issue of *Newsbreak* we announced the School of Medicine's Gold-Headed Cane winner, Michael Lawrence of Long Beach, who received the honor to the applause of family, friends, teachers, colleagues and 149 other MD graduates.

What follows are the award winners from the Schools of Pharmacy, Nursing, Dentistry as well as the Department of Psychiatry. See page 2 for this year's Academic Senate Award winners.

(Clockwise from top): Bowl of Hygeia winner Sandra Baldinger; a friend congratulates Emily Lee following psychiatry commencement; Gardner winners Kristen Kuhlmeyer and Robert Shoff; School of Nursing winners (left to right) Patricia Jackson, David Langford, and Jeanne DeJoseph.

Sandra Baldinger wins Bowl of Hygeia

School of Pharmacy graduate Sandra Baldinger of Rocky Hill, CT won the top honor of the School — the prestigious Bowl of Hygeia award — during commencement on June 18. Runners-up for the honor, which goes to the "ideal pharmacist," were Stacey Baird of San Marcos, CA, Loan Cat of Tustin, CA, Cristina Gruta of San Diego, and Sherman Ho of Hong Kong.

President of both her second-year and senior classes, Baldinger also was president of Phi Lambda Sigma this past year. She received her BS from Eastern Connecticut State University.

Also announced at graduation, where 120 PharmDs were given, were the names of three outstanding students who had achieved the highest grade point average. In order they are: Huong Ai (with a perfect 4.0), Redmund Cheung and Michele Schweitzer.

Long Foundation Awards for Excellence in Teaching also were given. Outstanding Teaching of Basic & Applied Sciences went to Bradford W. Gibson, associate professor, pharmaceutical chemistry; Outstanding Teaching of Clinical & Practical Courses went to Stephen A. Echaves, assistant clinical professor, clinical pharmacy; and Outstanding Advisor & Mentor Award went to Donna J. Schroeder, assistant clinical professor, clinical pharmacy.

Psychiatry honors 12 at graduation

Fifty-three graduates received diplomas at the Department of Psychiatry's commencement on June 3, including 22 residents in psychiatry — including 5 from the Fresno Medical Education Program — plus 5 fellows in child and adolescent psychiatry, 4 predoctoral fellows in clinical psychology, 5 postdoctoral fellows in clinical psychology, 5 postdoctoral trainees in clinical services research, 3 doctor of philosophy in psychology, and 4 postdoctoral fellows in drug abuse treatment research.

Twelve special awards were presented. They included the Laughlin Award of the National Psychiatric Endowment Foundation to Alan H.Y. Lai and George H. Harrison, the Alexander Simon Award to Emily K. Lee and Paul Damian Cox, the Henry F. Albronda Award to Jeremy Eugene Orgel, the Edwin F. Alston Award to Kristen Marta Nygren, the Award for Creative Achievement to Rona Jane Hu, and the Helen Stein Memorial Award for Best Resident Project to Robert Hanowell.

The Irving Philips Award for Excellence in Child & Adolescent Psychiatry went to Lisa Marie Smith, the Robert E. Harris Award for Clinical Psychology to James J. Gross, and the Robert E. Harris Award for Health Psychology to Erika Lynn Rosenberg.

The Residents' Association Award for Teaching went to Sally Vrana and Jeanne Burns, the Clinical Psychology Fellows' Commendation for Outstanding Service to the Program to Ricardo F. Munoz, and the LPPI-UCSF Alumni Faculty Association Interdisciplinary Achievement Award to Mutsumi Michael Ishii and Alicia F. Lieberman.

Dentistry gives Gardner Awards to Kristen Kuhlmeyer and Robert Shoff

Dental hygiene graduate Kristen Kuhlmeyer of Pasadena and dental graduate Robert Shoff of Red Bluff, CA received the Elizabeth Fuhriman Gardner Awards at graduation ceremonies on June 18. The highest award given by the School of Dentistry to graduating students, it is in memory of the wife of former UC President David Gardner, a 1958 graduate of UCSF's dental hygiene program.

Kuhlmeyer and Shoff received the award for their scholastic achievements, University service, leadership qualities and their concern for others. Kuhlmeyer attended Palomar City College in preparation for entering the DH program. Shoff attended California State University at Fresno and graduated from Santa Clara University. He will be doing his orthodontics residency at the University of Virginia.

Muff receives Sooy Cup

At the School's annual Graduates' Awards Dinner the Wednesday before graduation, the Sooy Cup, which recognizes the "ideal dentist," went to dental graduate Daniel Muff of Glendale, CA. Muff, who served as vice president of UCSF's Associated Dental Students, is a graduate of UCSB and will be doing his residency in oral & maxillofacial surgery at UCSF.

Also at the ceremony a total of 60 honors was awarded to the graduates, among them the UCSF Dental Alumni Association Professional Development Awards to dental hygiene student Regan Gere and dental student Kristine Balcom.

Excellence in Teaching Awards were given to Renee Hannebrink, assistant clinical professor, dental public health & hygiene, from the dental hygiene students and to Renaldo Parisi, assistant clinical professor, restorative dentistry, from the dental students. Fourth-year dental students presented the Riebe Award to Ronald E. Inge, assistant clinical professor, restorative dentistry, for distinguished clinical teaching.

Another 35 predoctoral students, who are continuing their studies at UCSF, were recognized at the School's Annual Awards Ceremony earlier in the month.

Nursing honors eight

Top honors went to six students and two faculty members at the School of Nursing's commencement on June 3.

Lisa Pepperdine won the Outstanding Master of Science Student Award, David Langford and Kimberly Sutters won the Distinguished Dissertation Award in Nursing, Richard Culbertson earned the Distinguished Dissertation Award in Sociology, Isabelle Melese-d'Hospital took the Anselm Strauss Special Award of Distinguished Qualitative Dissertation, while Mary Lee Gates won the Nursing Alumni Student Award for Meritorious Service.

Students in the MS program presented Patricia Jackson, family health care nursing, with the Excellence in Teaching Award. Doctoral program graduates presented Jeanne DeJoseph, also of family health care nursing, with the Mentor of the Year Award.

Kristine Gebbie, National AIDS Policy Coordinator, presented the commencement address to the 212 graduates, 183 of whom received master's degrees, another 9 DNS, 15 PhDs in Nursing and 5 PhDs in Sociology.

UCSF seeks public input for Presidio

UCSF will begin negotiations as soon as possible to consider a lease agreement with the National Park Service about the creation of an international center for medical research, training and public education at the Letterman Army Hospital complex in the Presidio.

The Park Service announced June 21 it selected UCSF as a potential tenant for the complex from among 16 organizations that responded to a formal Request for Qualifications (RFQ) issued in March.

"UCSF offers the excellence and prestige the Park Service seeks in a partner for ensuring the successful development of a

(See Presidio on page 7)

Campus Life group tackles major issues

Increased workloads? Decreasing funds? Increased student fees? Lack of recognition? Probably all of these are contributing to a low student and staff morale on campus. But, what can be done about them?

The Chancellor has appointed a Campus Life Committee, which met for the third time two weeks ago to tackle these thorny issues. The committee is reviewing all the factors that might affect the quality of campus life, evaluating ways to improve it, and proposing mechanisms to deal with this issue over time. "It was an intense meeting," says Carol Landa of the Graduate Division who is helping to organize the committee, which is headed by Clifford Attkisson, dean of Graduate Studies and associate vice chancellor for Student Academic Affairs. "We have come up with major topics, and we will have a draft report from each of the subcommittees at our next meeting."

The major topics of concern, and the people heading those subcommittees, are listed below. The entire campus community is urged to comment on ways to improve the quality of student and campus life. "Your suggestions and input will be invaluable to the committee and its deliberations," says Attkisson. If you are interested in giving feedback, please call one of the following people.

- **Personal safety & security at all sites.** Christine Yee, Police Department, Box 0238, 476-5683; Katy Irwin, MCB, Box 0831, 476-0434; and David Odata, Employee Relations, Mount Zion, Box 1610, 885-7758.

(See Campus Life on page 3)

Gazette

Honors & Awards

Fisher

Susan J. Fisher: Received the 1994 Women's Health Achievement Award for Basic Science from the Society for the Advancement of Women's Health Research and Warner-Lambert Company in cooperation with the National Health Council and the *Journal of Women's Health.* Fisher is division chair, oral biology; associate professor, stomatology.

Cropp

Gerd J. Cropp: Named editor-in-chief, *Pediatric Pulmonology,* for a six-year term. Cropp is professor, clinical pediatrics; chief, pulmonary disease & allergy division; director, Cystic Fibrosis Center.

Harrington

Charlene Harrington: Named 1994 Distinguished Nurse Alumna by the University of Kansas School of Nursing. Harrington is professor & chair, social & behavioral sciences; associate director, Institute for Health & Aging.

Robert H. Levin and **Michael E. Winter:** Named fellows of the American Society of Hospital Pharmacists. Levin is professor, clinical pharmacy and family & community medicine, vice chair, clinical pharmacy, SFGH and associate director, pharmaceutical services, SFGH. Winter is professor and vice chair, clinical pharmacy.

Joseph B. Martin: Received an honorary doctorate of science from McGill University in Montreal, Quebec, on May 31. He also presented the University's convocation address. Martin is chancellor, UCSF and professor, neurology.

John F. Murray: Received the Edward Livingston Trudeau Memorial Medal from the American Lung Association and its medical section, the American Thoracic Society, for his contributions to the control, prevention and treatment of lung disease. Murray is professor, medicine; chief, chest service, SFGH.

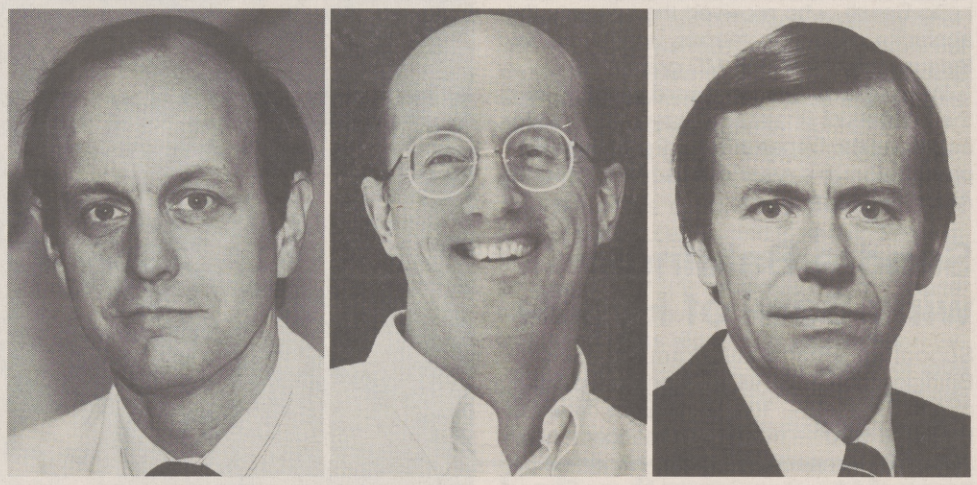
M. Anthony Pogrel: Named to the editorial board of *International Journal of Oral & Maxillofacial Surgery.* Pogrel is professor & chair, oral & maxillofacial surgery.

Martin F. Heyworth: Elected fellow, Royal Society of Tropical Medicine and Hygiene, United Kingdom. He was recognized for his work on the immunology of *Giardia* infections. Heyworth is associate professor, medicine, VAMC.

Appointments

Faucett

Julia Faucett: Appointed director, Occupational Health Nursing Program, Center for Occupational & Environmental Health. She replaces Jane Lipscomb, who is joining the staff of the new director of the National Institute for Occupational Safety & Health in Washington, DC. Faucett, an assistant professor in Mental Health, Community & Administrative Nursing, received her master's and doctoral degrees from the UCSF School of Nursing and has been active in the Occupational Health Nursing Program for four years. She brings to the position a strong background in behavioral research, with a particular focus on managing chronic pain and disability in the workplace. Faucett's interest in behavioral sciences will bring a unique focus to the Center and will help her continue to develop the doctoral program and expand research efforts.



(Left to right) David Grimes, Peter Sargent, Troy Daniels

Academic Senate Awards to Sargent, Grimes, Daniels

The San Francisco Academic Senate presented Distinction in Teaching Awards to Peter B. Sargent and David A. Grimes at its meeting on June 8. Also at the meeting, Troy E. Daniels became the third recipient of the Senate's University Service Award.

An associate professor of stomatology and physiology, Sargent has been with UCSF since 1989. He has focused his research on synapse formation, most recently focusing on the structure and regulation of neuronal nicotinic acetylcholine receptors.

Sargent has organized and directed a new neurobiology course for dental and dental hygiene students, and also teaches the students gross anatomy. As a member of the Oral Biology and Neuroscience Graduate Programs, he lectures in the Neuroscience Core Course and teaches in alternate years an advanced course in Synaptic Physiology.

Grimes is professor and vice chair of ob/gyn and reproductive sciences and professor of epidemiology and biostatistics. Coming to UCSF in 1993, he was awarded the Outstanding Teaching Award from the graduating chief residents in the Department of Ob/Gyn and Reproductive Sciences within six months. As chief of ob/gyn at SFGH, he has developed a new program in reproductive epidemiology at the hospital.

Grimes has devoted several hundred hours per year to educating both medical students and residents in formal lectures, bedside rounds, the operating room and small group sessions. He has revitalized a journal club for students, residents and faculty, and has established a library for residents.

A professor of oral pathology and stomatology in the School of Dentistry, Daniels directs the UCSF Sjögren's Syndrome Clinic. He is a member of UCSF's Planning Committee for the 21st Century, and served on the Library and Founders Day committees, to name just a few. He chaired the Academic Senate from 1990-92.

Distinction in Teaching honorable mentions went to John F. Flaherty, associate professor, clinical pharmacy, and Catherine A. Chesla, assistant professor, family health care nursing.

UCSF Foundation elects new directors

John E. Robson

Lisa A. Conte

The UCSF Foundation has elected two new members — John E. Robson and Lisa A. Conte — to its board of directors. Seven others also were elected to the Foundation.

Established in 1982, the UCSF Foundation is a nonprofit corporation that develops and accepts private gifts to UCSF, and manages funds in support of UCSF's missions in research, teaching, patient care and public service. More than 100 community leaders, university administrators, faculty and alumni representatives make up the Foundation.

Robson is a senior advisor at Robertson, Stephens & Company, a San Francisco investment banking firm that focuses on emerging growth industries, including health care and technology. He served as deputy secretary of the US Treasury from 1989 to 1992, when he coordinated US assistance to Eastern Europe, Russia and other member states of the former Soviet Union.

Conte is president and chief executive officer of South San Francisco–based Shaman Pharmaceuticals, Inc., which she founded in 1989. The company seeks to identify rain forest plants used in tribal medicine and to develop them into marketable drugs. Conte also was a vice president at Technology Funding, a venture capital firm, where she was responsible for the analysis and management of health care industry investments.

The seven other new Foundation members are: John Barnes, retired managing senior counsel for Wells Fargo Trust & Investment Group; Robert Condon, managing director of Northern Trust Bank of California; Gerald Cruson, a consultant with Wyatt Investment Consulting; Denise Gilbert, vice president and CFO of Affymax, NV; Nancy Kamei, biotechnology investment analyst for Capital Guardian Research Company; W. Clarke Swanson, Jr., proprietor of Swanson Vineyards; and Albert Wasserman, a retired dentist in Hillsborough.

Corrections

In the last issue of *Newsbreak* there were a few errors. On page 2, in the cutline on Dean Sheppard winning the American Lung Association's Clear Air Award, we failed to mention that Robert Pytela has his own lab and studies the molecular biology of adhesion receptions. In that same cutline we should have said UCSF's Transportation Services received a Corporate Citizen Award from the American Lung Association. On page 6, the correct telephone number for help assessing the UCSF Electronic Directory is 502-4357 and Student Placement is at 476-4111. And in the May 21 issue of *Newsbreak,* the Department of Anesthesia was omitted as a co-sponsor of the Chauncey Leake Lecture. We regret these errors.

The defeat of Proposition 1C

Now that California voters defeated Prop 1C, the $900 million higher education bond measure on the June ballot, what next?

"We will have to find new ways to fund them," says Steve Barclay, UCSF's new vice chancellor of administration. "We have no details as yet, but a few things are possible. Maybe we will defer projects. Perhaps we will try to get another measure on the November ballot. We just don't know yet."

The measure would have brought $5.75 million to UCSF to fund new fire exits and enclosures to prevent the spread of fire between buildings, a new water supply system to meet fire safety standards, and increased electrical capacity.

"The fact that all of the bond issues failed in an election that broke all records for low voter turnout suggests that those voters who went to the polls are not willing at this time to make a long-term commitment of state funds to any project regardless of its merit," says UC President Jack Peltason.

Peltason thanked everyone who worked on Prop 1C and those who voted for it.

UCSF *Newsbreak*

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Deadline for the next issue, which will cover July 23-August 19 (four weeks), will be on **Tuesday, July 12, at 11 a.m.** Please send campus news copy to Allen Balderson (476-3163), Medical Center news to Lisa Cisneros (476-3256), and calendar and gazette items to Michele Firpo (476-3257), all at Box 0462; fax 476-3541. Last-minute copy may be taken over the telephone by calling the above telephone numbers. The University of California is an affirmative action/equal opportunity employer.

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Giants at bat against AIDS

The San Francisco Giants will host "Until There's a Cure Day" at Candlestick Park on Sunday, July 31, when one dollar for every ticket sold for the game against the Colorado Rockies will be donated to benefit AIDS research, education and care.

Proceeds from ticket sales will be distributed to AIDS agencies, including clinics at SFGH and Stanford Hospital, the San Francisco AIDS Foundation and Project Open Hand, which delivers meals to homebound AIDS patients in the Bay Area.

"We are proud of all we have done but know that much more remains before we can rest," says Paul Volberding, UCSF professor of medicine and director of the AIDS Program at SFGH. This support from the Giants will allow us to serve our region better, and joining forces with a team we all respect will give us a renewed pride in our service."

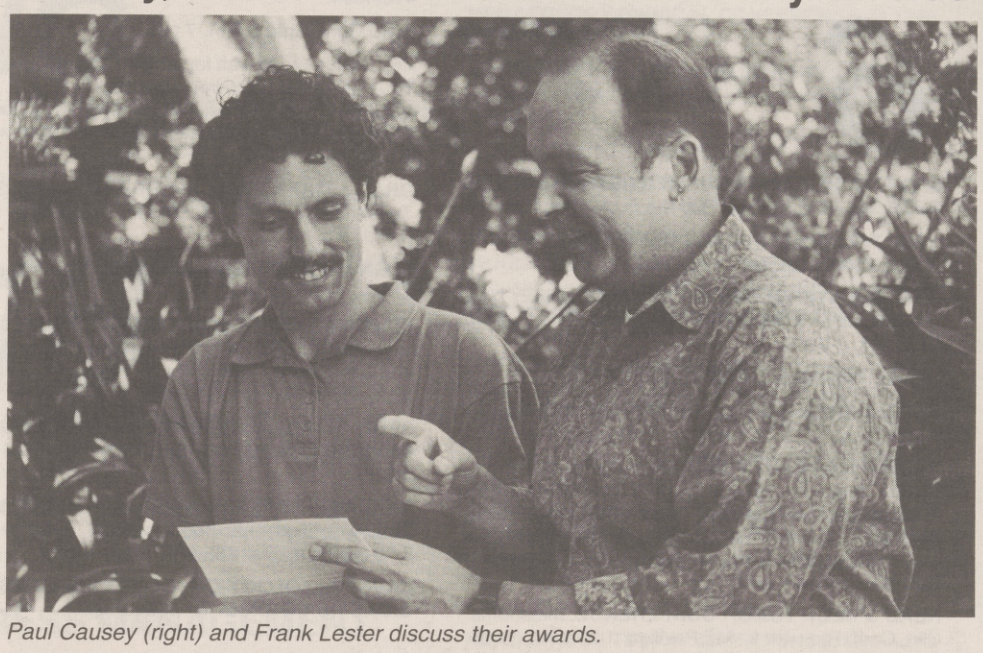
On July 31, the Giants will join the Until There's A Cure Foundation (UTACF) to give away commemorative pins featuring the Giants logo and the foundation's logo to the first 30,000 people to attend the game. T-shirts and bracelets also will be available for sale with proceeds going to UTACF, a non-profit group that coordinates services with HIV/AIDS organizations to avoid duplication of efforts in fighting the AIDS epidemic.

"The Giants are proud to participate in a day that's long overdue," says Peter Magowan, the club's president and managing general partner. "This is not a baseball event, it's a humanitarian event and it's the first time a major league club has participated."

For ticket information for "Until There's a Cure Day," call 1-800-SFGIANT. For more information on the foundation, call 1-800-88UNTIL.

A few members of this year's UCSF AIDS Walk Committee (left to right): Martha Geraty; William Hoskins, School of Dentistry Student Affairs; Terry Dong, School of Medicine Student Affairs; Kevin Morrissette, Millberry Events Committee Chair; Bruce Schroffel, associate director, Medical Center Administration; James Dilley, director of the AIDS Health Project; Chancellor Martin; and Emily Burton, third-year pharmacy student. A few of the members are wearing the latest UCSF AIDS Health Project T-shirt, the prototype for this year's UCSF AIDS Walk T-shirt. The colors will be jade and blue with the UCSF logo in white.

Causey, Lester awarded for community service



Paul Causey (right) and Frank Lester discuss their awards.

Paul Causey, administrative coordinator of the Hospital Services Program of the UCSF AIDS Health Project, has been awarded a Bay Area Cable Excellence (BACE) Award for his work as community producer of the VIACOM SF weekly TV series, "Helping Hands." The show entitled "HIV and Youth: A Roundtable Discussion" took the top honor for Best Talk Show Series/Professional.

"Helping Hands," originally a weekly series about AIDS and HIV featuring numerous UCSF physicians, researchers and other health care professionals, has evolved into a monthly format — called "AIDS Update" — and is seen on the third Tuesday of each month, live at 7:30 p.m. and repeats three times during that same week. Causey has hosted the show since 1990 and became the community producer in 1991.

Causey also has been honored by the Deaf AIDS Center (DAC), a unit of the UCSF Center on Deafness, for his outstanding contributions to the Center. He is the hearing community liaison for the Rainbow Deaf Society as well, and recently was elected vice president of the board of directors of the AIDS Emergency Fund.

Frank Lester, director of the Deaf AIDS Center and HIV services coordinator of the UCSF Center on Deafness, has been honored by both the Rainbow Deaf Society for outstanding leadership and the Deaf Gay/Lesbian Center (DGLC) for outstanding community service. In addition, an anonymous donor from the DGLC has donated $200 in Lester's name to help set up a scholarship.

Study reveals behaviors of bisexuals

San Francisco men who identify themselves as bisexual are unlikely to spread HIV infection to their female partners, according to a UCSF study that examined their sexual risk-taking behaviors.

"There's a widespread misconception in the heterosexual community that bisexual men provide the bridge that carries AIDS into the straight world," says Maria Ekstrand, a psychologist at UCSF's Center for AIDS Prevention Studies and lead author of the study published in the June issue of the *American Journal of Public Health.*

The UCSF study focused on the prevalence and the patterns of sexual behaviors among bisexual men, as well as the social and psychological factors associated with sexual risk-taking.

"This study is unique in that, through lab data, we knew the HIV status of the subjects," says Ekstrand, adding that it made it possible for the research team to study how HIV-positive and HIV-negative men changed their behavior over time.

Research findings showed that subjects drastically reduced sexual risk-taking behaviors during the five-year period of the study, especially during male-to-male sex. Although unprotected vaginal intercourse is still the norm among those men who have sex with women, this behavior was reported almost exclusively by HIV-negative men.

The study involved 140 single men between the ages of 25 and 54. Researchers studied the sexual behavior of subjects every six months from 1984 to 1989.

Campus Life *(from page 1)*

- **Improvement of recreation areas & opportunities at all campus sites.** Albert Minvielle, Millberry Programs, Box 0234A, 476-8683; David Odata; and Katy Irwin.
- **Policies to promote an inclusive community,** including valuing diversity, and trying to establish sanctions against sexism, racism and prejudice regarding sexual preference (domestic partnership issues). Jeanne DeJoseph, FHCN, Box 0606, 476-4694; Randy Lopez, Personnel, Box 0832, 476-4285; Alma Sisco-Smith, Student Academic Services, Box 0402, 476-4284.
- **Participation in the campus consultation process.** Clifford Attkisson, E Mail at BITNET:CA6069@UCSFVM or Voice Mail at 502-4799; Alma Sisco-Smith; and Albert Minvielle.
- **Student issues** — student counseling and learning resource center (child care options) and student health. Emily Osborne, S/M Student Affairs, Box 0410; Eric Koenig, Student Resources, Box 0376, 476-4318; students Charles Della Santina, Medicine, Box 0454, 476-1216; and Carla Washington, Pharmacy, Box 0446, 476-6756.
- **Diversity themes for staff employment** — retention & promotion, job security. Randy Lopez; William Stevens, Millberry Programs, Box 0232, 476-6307; Connie Bear King, Pathology, Box 0506, 476-9413.
- **How to make the process work.** Clifford Attkisson, Albert Minvielle and Alma Sisco-Smith.

Other members of the Campus Life Committee include: Kathy Balestreri, Medical Center, Box 0296, 476-2316; Robert Stern, Pathology, Box 0506, 476-4961; and Judith Woodard, Public Affairs, Box 0462, 476-8432.

UC currently in first place in AIDS Walk registrants

UC's team for this year's AIDS Walk on Sunday, July 17, currently is in first place among San Francisco corporate teams with 340 walkers. UCSF comprises most of those walkers — 300 — which makes this campus number 3.

UCSF again is co-chair of the event, which last year raised over $2.6 million for Bay Area AIDS organizations. Public Affairs' Martha Geraty, UCSF's AIDS Walk team leader, says that this year, more than ever, a concerted effort is being made to reach all facets of the campus community. "We want everyone involved," says Geraty. "AIDS isn't going away. And we won't either."

Geraty explains that the UC contingent will meet in the middle of Sharon Meadows in Golden Gate Park. You will be able to recognize the group not only by the signs, but by two stilt walkers. A continental breakfast immediately before the Walk is being planned as well as a post-Walk celebration, which will include a raffle drawing for a number of prizes.

To sign up for this year's Walk, fill out the form which was sent to you by Chancellor Joseph Martin (who will be marching this year), or call Geraty at 476-4394.

One of the major beneficiaries of this year's walk will be the UCSF AIDS Health Project (AHP).

Directed by James Dilley, AHP was created in 1984 to provide HIV counseling and antibody testing, individual and group counseling, psychiatric evaluation and consultation, substance abuse assessment, and training and publications about the psychological and social aspects of HIV disease.

Today, AHP is one of the leading AIDS and mental health agencies in this country, and has provided over 250,000 men and women with critical services over the years. It presently serves some 15,000 clients annually.

The AIDS Health Project soon will be celebrating its 10th anniversary with a variety show — "Ten Years of Facing the Future Together" — on Monday, September 26, beginning at 8 p.m. at the Castro Theater. More on that to follow in future issues of Newsbreak. For advance information call 476-6430.

Dentist discusses health care reform with Clinton advisors

UCSF assistant professor of dentistry Francisco Ramos-Gomez recently met with senior advisors at the White House to discuss health care reform.

Ramos-Gomez, director of pediatric dentistry at SFGH's Family Dental Center, was among other Latino health care providers from around the country invited to the Capitol to give advice to the Clinton Administration as it tackles health care reform. Although the president was not present, Hillary Rodham Clinton welcomed the group of 43 health care workers at the meeting May 13.

Ramos-Gomez

"It was very exciting," says Ramos-Gomez. "I have respect for the Clinton Administration. At least this government is taking a leadership role in trying to face health care problems instead of ignoring them."

With a master's degree in Health Policy and Management from Harvard, Ramos-Gomez is well aware of the challenges ahead in reforming the system that leaves 150 million Americans lacking dental insurance. He encouraged Clinton's advisors to include basic dental care in reform efforts, provide universal health insurance coverage and improve the access to quality, cost-effective services.

The key to reform is to put more resources toward health promotion and disease prevention, he says.

A native of Mexico, Ramos-Gomez is particularly interested in meeting the health care needs of Hispanics. Like other minority and low-income groups, Hispanics tend to seek health care when it's too late, he says.

"Every day I see Hispanic children who come in with emergencies during the last stages of dental diseases," he says of his practice at SFGH. "Sometimes the amount of infection is so bad the patient needs to be hospitalized. It's very frustrating."

The consequences of waiting until the last minute to get treatment can be costly, Ramos-Gomez explains. Not only is providing extensive treatments — such as oral surgery and orthodontics — more expensive, but tooth decay is detrimental to the child's ability to concentrate and communicate at school and to eat and grow. He says it's important to take care of baby teeth because bacteria could spread to permanent teeth.

When talking about illegal immigration, Ramos-Gomez says health care workers should be "sensitive to their needs" helping them to understand how to maintain health. "It's a very difficult issue," he says. "The Clinton advisors say there's no way legislators would approve a bill to include illegal immigrants in the health care package."

Academic health centers can work toward reform by responding to major demographic shifts by recruiting and retaining more minority students and faculty, particularly those who are bilingual, he says. Health care workers also need to be trained in the socioeconomic issues specific to them.

Today/Tomorrow

26 Sunday

IF I'M SINGLE, WHY AM I HAPPY?

Claire Silver, Jewish Comm. Cntr., independent trainer & facilitator, presents this workshop to explore the possibility that some individuals may be happier and healthier as singles. Sponsored by Women's Resource Cntr. $5-$10. C 130. 10 a.m.-noon. Call 476-5222 to pre-register.*

27 Monday

SPINE CONFERENCE ROUNDS. MU 302W. 7-8 a.m.

HORMONE RESEARCH INSTITUTE SEMINAR: *The B-Sheet DNA Recognition Motif: Structural & Biochemical Studies of Arc Repressor.* Brigitte E. Rauman, Bio., MIT. S 664. 11 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

LABORATORY MEDICINE GRAND ROUNDS: *Accessing Scientific Information in a Networked Environment.* Richard E. Lucier, Lib. & Acad. Info. Mngt. L 535. 4-5 p.m.

28 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *D & C Conference.* Rm. 200 1A-122, VAMC. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL GRAND ROUNDS: *Chief Residents Presentation.* Jeffrey Clayton, Eran Regev & David Salamassy, Oral & Max. Surg. C 701. 8 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. 5:30-7:30 p.m. Call 285-6767.*

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

CAN SAFE SEX BE FUN?

Playing It Safe: Sex & STDs in the '90s. In a safe and supportive environment, Ya'aqov Abrams, FCM, Joanne Genet, Epid. & Biostat. & Wally Daniels, SF Sex Information, explain the various sexually transmitted disease & ways to stay safe. Fun but safe sex (including the use of sex toys) is discussed. Sponsored by Health Net. Toland Hall. 6-9 p.m. Call 476-0373.*

MOUNT ZION MEETING

Regular monthly community meeting to discuss any issues of concern, including construction plans, related to the UCSF/Mount Zion campus. Exec. Board Rm., 2nd fl., MZ. 7 p.m. Call 476-3206.*

29 Wednesday

SURGERY MORBIDITY & MORTALITY CONFERENCE. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Tuburculous Disease of the Abdomen.* S.R. Mehta, GI, Chandigarh, India. S 214. 9-10 a.m.

UTILITY PLANT MEETING

Presentation by Walsh Contr., Facilities Mngt. & Bechtel Power Corp. of final plans for dust, noise & transportation control during the building of the new central utilities plant on the site of the Laundry Storehouse. Toland Hall. 10 a.m.-noon.*

BROWN BAG LECTURE SERIES: *New Drug Developments in Epilepsy.* Brian Alldredge, Clin. Pharm. & Neuro. Sponsored by Campus Tours/ Speakers Bureau. HSW 300. Noon. Call 476-4394.*

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

HEALTH CARE REFORM FORUM

Alternatives to Bureaucratic Health Care Reform. All UCSF community members welcome. Sponsored by Assn. American Physicians & Surgeons at UCSF. MU 111. 6-7:30 p.m. Call Mark Schiller at 206-5211 for more information.

30 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Domestic Violence.* Mitchell D. Feldman, Med. Toland Hall. 8-9 a.m.

PEDIATRICS GRAND ROUNDS: *Lungs & the Micro-Premie.* Sam Hawgood, Ped. & H. William Taeusch, Ped. & Ped. Serv., SFGH. S 664. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

NUCLEAR MEDICINE GRAND ROUNDS: *Imaging Techniques & Diagnosis of Congestive Heart Failure.* Kanu Chatterjee, Med. & Luci Stern, Cardio. LPPI Aud. 8:30 a.m.

REPRODUCTIVE GENETICS CLINIC TAY-SACHS SCREENING: Tay-Sachs screening for pregnant couples. Part of the California Tay-Sachs Disease Prevention Program. Suite 810, 350 Parnassus. Opens 9 a.m. Call 731-3437 for more information.*

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. N 729. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. Noon-1 p.m. Call 285-6767.*

PRIMARY CARE & HEALTH PROFESSIONS SEMINAR SERIES: *National Workforce Policy: Current Proposals & Their Impact on Health Professions Training.* Fitzhugh Mullan, US Publ. Hlth. Serv. & Bureau Hlth. Professions., US Dept. Hlth. & Human Serv. Sponsored by Primary Care Education, Research & Policy Group. Series continues on the last Thursday of each month. HSW 303. 3-5 p.m. Call Serena Seifer at 476-4465 for details.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 4:15-5:30 p.m.

PRIMARY CARE GRAND ROUNDS: *Women & HIV.* Meg Newman. A 455. 4:40 p.m.

1 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE. N 721. Noon-1 p.m. Call 330-5353.*

2 Saturday

SELF-DEFENSE FOR WOMEN

Nina Otis Haft, certified self-defense instructor, presents this six-hour class with a focus on street-wise personal safety, defense and escape methods. Sponsored by Women's Resource Cntr. $35-$65. Studio 2, MU. 10:30 a.m.-5:30 p.m. Call 476-5222 to pre-register.*

4 Monday

INDEPENDENCE DAY

5 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Problem Cases.* Pablo Leon, Plast. Surg. Davies Med. Cntr., 45 Castro St. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL GRAND ROUNDS: *New Residents Orientation.* C 701. 8 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30-10 a.m. Call 476-1073 to schedule.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

CAMPUS AMNESTY INTERNATIONAL MEETING: Meets the first Tuesday of each month. MU 111. Noon-1 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. 5:30-7:30 p.m. Call 285-6767.*

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

6 Wednesday

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

GASTROENTEROLOGY FELLOWS COURSE: *Upper GI Bleeding — Evaluation & Treatment.* John P. Cello, GI. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

GASTROENTEROLOGY GRAND ROUNDS. S 214. 9-10 a.m.

BROWN BAG LECTURE SERIES: *Keeping the Scales Balanced.* Pauline Laurent, consultant, writer & speaker, explains how to make time for joy, health maintenance & spiritual development. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

MOUNT ZION VOLUNTEER ORIENTATION: To acquaint new & potential volunteers with opportunities available at UCSF/Mount Zion. Herbst Hall, MZ. 5-7:30 p.m. Call 885-7353.*

7 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Caring for Patients with Fatal Illnesses: Medical Applications of Compassion.* Donald W. Northfelt, Med. Toland Hall. 8-9 a.m.

PEDIATRICS GRAND ROUNDS. S 664. 8-9 a.m.

OCCUPATIONAL & ENVIRONMENTAL GRAND ROUNDS: *The Economic Impact of OSHA on American Industry.* James Robinson, Public Hlth., UCB. M 989. 9-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. Noon-1 p.m Call 285-6767.*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

8 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

NEUROLOGY GRAND ROUNDS. S 214. 8-9 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE. N 721. Noon-1 p.m. Call 330-5353.*

11 Monday

SPINE CONFERENCE ROUNDS. MU 302W. 7-8 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

WEIGHT MANAGEMENT PROGRAMS INFORMATIONAL MEETING: Review of weight management program options available at UCSF. A 455. 12:15-1 p.m. Call 476-9987.*

LABORATORY MEDICINE GRAND ROUNDS: *Immune Regulation by Pathogenic* Neisseria. Gary A. Jarvis, Lab. Med. L 535. 4-5 p.m.

12 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Scar Revision, Sedatives & Local Anesthesia.* Usha Rajagopal, Plast. Surg. Conf. Rm., 1st fl., Bldg. 2, VAMC. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

CAMPUS BLOOD DRIVE

Come donate much-needed blood. Remember to bring personal ID. Sponsored by Irwin Mem. Blood Cntrs coordinated by Campus Tours/Speakers Bureau. Call 476-4394.

- MU Conf. Cntr. 8 a.m.-7 p.m.

You don't have to wait for a blood drive to give blood. You may donate any weekday, 10 a.m.-8 p.m., or Saturday, 10 a.m.-3 p.m., at UCSF's Blood Donor Center, L 131. For information & appointments call 476-6989.*

ORAL & MAXILLOFACIAL GRAND ROUNDS: *OMFS Trauma Review.* Alex McDonald, Oral & Max. Surg. C 701. 8 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

EPIDEMIOLOGY & BIOSTATISTICS SEMINAR: *Adherance to TB Prophylaxis in the Homeless: A Trial of Interventions.* Jacqueline R. Peterson, Gen. Int. Med., SFGH & Epid. & Biostat. MU 427W. 4-5 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. 5:30-7:30 p.m. Call 285-6767.*

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

13 Wednesday

SURGERY MORBIDITY & MORTALITY CONFERENCE. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

GASTROENTEROLOGY FELLOWS COURSE: *Lower GI Bleeding — Evaluation & Treatment.* John P. Cello, GI. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

GASTROENTEROLOGY GRAND ROUNDS. S 214. 9-10 a.m.

BROWN BAG LECTURE SERIES: *Procrastination: An Ineffective Solution to Fear.* Saul E. Rosenberg, Psychr., teaches techniques for understanding & dealing with fears. Sponsored by Campus Tours/ Speakers Bureau. HSW 300. Noon. Call 476-4394.*

PSYCHIATRY SPECIAL SEMINAR: *Psychotherapy Process & Research: Missing Persons & Missing Values.* Krysia M. Yardley, Psych., U Wales Coll. of Cardiff. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

WOMEN, HIV & PREGNANCY

Community forum presenting information on the basics of HIV transmission, women's health, diagnosis of children, AZT & pregnant women, legal issues & much more. Co-sponsored by Deal AIDS Center of the Center on Deafness. Toland Hall. 6-9 p.m. Call 621-4160 for more information and (510) 658-6930 for a ride.*

14 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Current Strategies in the Management of Myocardial Infarction.* Gregory G. Schwartz, Med., VAMC. Toland Hall. 8-9 a.m.

PEDIATRICS GRAND ROUNDS: *Treatment of Severe Asthma.* Gerd Cropp, Ped. S 664. 8-9 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. Noon-1 p.m. Call 285-6767.*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

June 25-July 22, 1994

15 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

NEUROLOGY GRAND ROUNDS. S 214. 8-9 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE. N 721. Noon-1 p.m. Call 330-5353.*

16 Saturday

WOMEN'S RESOURCE CENTER WORKSHOP: *Basic Home Repair: Electrical.* Learn how to repair wires and plugs on a lamp, vacuum cleaner and other appliances. Sponsored by Women's Resource Cntr. $45-$60. N 517. 9 a.m.-4 p.m. Call 476-5222 to pre-register.*

18 Monday

SPINE CONFERENCE ROUNDS. MU 302W. 7-8 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

LABORATORY MEDICINE GRAND ROUNDS: *Genetic Losses & Gains in Gliomas.* Burt Feuerstein, Lab. Med., Ped. & Brain Tumor Res. Cntr. L 535. 4-5 p.m.

STRESS MANAGEMENT

Discover signs and sources of stress, ways to improve your ability to cope and practices that promote a sense of calm well-being. Free to UCSF Health Net members. Sign up at Millberry Fitness Desk. 6-9 p.m. Call 476-1115 for more information.*

19 Tuesday

PLASTIC SURGERY GRAND ROUNDS. Conf. Rm., 1st fl., Bldg. 2, VAMC. 7 a.m.

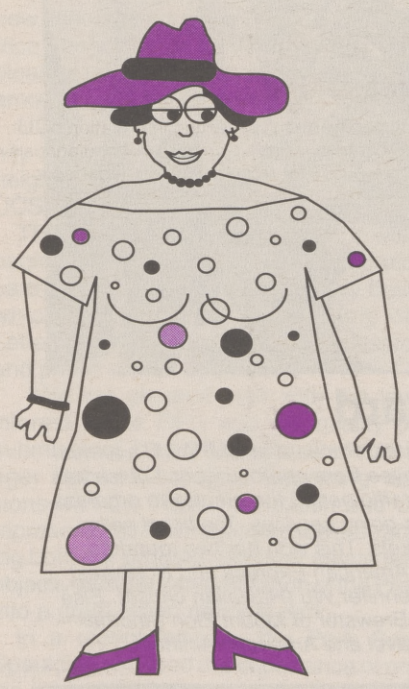
MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL GRAND ROUNDS: *Diagnosis & Management of Ophthalmic Trauma.* Stuart Seiff, Oph. C 701. 8 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30-10 a.m. Call 476-1073 to schedule.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

MOUNT ZION BROWN BAG LECTURE SERIES: *Life After Shingles.* Michael C. Rowbotham, Neuro., Anes. & Pain Management Cntr., discusses what can be done to alleviate the pain of shingles. Sponsored by Campus Tours/Speakers Bureau. Herbst Hall, MZ. Noon. Call 476-4394 for information.*



TRIUMPH OF INDIVIDUAL STYLE

Carla Mathis and Helen Connor, authors, teach you to see your body's unique design through the elements of art — line, shape, proportion, body particulars, scale, color & texture. Sponsored by Women's Resource Cntr. Toland Hall. Noon. Call 476-5222. (Followed by workshop on Sat., Aug. 6.)*

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. 5:30-7:30 p.m. Call 285-6767.*

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

20 Wednesday

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

GASTROENTEROLOGY FELLOWS COURSE: *Fulminant Hepatic Failure.* Bruce F. Scharschmidt, GI. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *Role of Family History in Colon Cancer.* Kenneth R. McQuaid, GI. S 214. 9-10 a.m.

MOUNT ZION VOLUNTEER ORIENTATION: To acquaint new & potential volunteers with opportunities available at UCSF/Mount Zion. Herbst Hall, MZ. 9-11:30 a.m. Call 885-7353.*

BROWN BAG LECTURE SERIES: *Double Your Productivity MD.* Marshall O. Zaslove, Zaslove Group, discusses time knowledge and relationship management for the physician of the '90s. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

OCCUPATIONAL & ENVIRONMENTAL GRAND ROUNDS: *Occupational Lead Poisoning in California.* Barbara Materna & Karen Hipkins, Occ. Lead Poisoning & Prev. Prog., Ca. Dept. Hlth. Serv. Conf. Rm. 3, Alta Bates Med. Cntr. Noon-1 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

DEPARTMENT OF NURSING CULTURAL DIVERSITY ENHANCEMENT COMMITTEE MEETING: Open to all medical center & campus members. M 169. 3-4 p.m. Call Diane Ayers at 476-5621.

GREAT EXPECTATIONS PROGRAMS FOR PARENTS FILM SERIES: *Childbirth Choices: Options for Labor and Birth.* Video presentation of *Special Delivery* and discussion about planning for your child's birth. A 326. 7-8:30 p.m. Call 476-6667.*

21 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Systolic Hypertension & the Effect of Mechanical Force on the Vasculature.* Harlan E. Ives, Med., Pharmacol. & Neph. Toland Hall. 8-9 a.m.

PEDIATRICS GRAND ROUNDS. S 664. 8-9 a.m.

OCCUPATIONAL & ENVIRONMENTAL GRAND ROUNDS: *Physician Participation in Environmental Policy Formation.* James W. Stratton, Off. Env. Hlth. Hazard Assessment, Cal-EPA. Conf. Rm. 3, Alta Bates Med. Cntr. 9-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

MISSION CENTER BROWN BAG SERIES: *Overload-Overwhelm.* Susan Christy, Quality Team, explains how to hold on to skills and resources that are normally lost when a person gets "overwhelmed or overloaded." Rm. 125, MCB. Sponsored by Campus Tours/Speakers Bureau. Noon-1 p.m. Call 476-4394.*

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. Noon-1 p.m. Call 285-6767.*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

WEIGHT MANAGEMENT PROGRAMS INFORMATIONAL MEETING: Review of weight management program options available at UCSF. A 413. 7-8 p.m. Call 476-9987.*

22 Friday

ORTHOPAEDIC PEDIATRIC CONFERENCE. MU 302W. 7-8 a.m.

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

NEUROLOGY GRAND ROUNDS. S 214. 8-9 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

*Open to the public.

ONGOING SUPPORT GROUPS/MEETINGS

MONDAY

JEWISH WOMEN'S DIALOGUE GROUP: Meets every other Monday. Call 476-6423 for meeting dates & locations.*

FRIENDS OF LOIS AL-ANON MEETING: Closed meeting: for friends & families of alcoholics only. Conf. Rm. A, 3rd fl., MCB. Noon.*

UCSF AIDS HEALTH PROJECT MEDITATION & SELF-HYPNOSIS WORKSHOP: Weekly discussion group for anyone dealing with HIV or AIDS in themselves or others. Gazebo Rm., Davies Med. Cntr. 7-9 p.m. Call 476-3902.*

TUESDAY

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

SFGH CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF/SFGH. Meets monthly. Call 476-5222.

NURSES' PAIN ASSOCIATION MEETING. Meets the second Tuesday of the month (except this month — meeting is on Tues., May 17). S 22. 5:30-7:30 p.m.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

PARKINSON'S DISEASE EDUCATION & SUPPORT GROUP: For people with Parkinson's & their caregivers. Third Tues. of the month (except August). Christ Church, Lutheran, 1090 Quintara (at 20th Ave.). 2-4 p.m. Call 476-9276.*

BRAIN TUMOR SUPPORT GROUP: First Tues. of the month. S 758. 7:30-9 p.m. Call 296-0404.*

WEDNESDAY

GAY, LESBIAN, BISEXUAL ASSOCIATION AT UCSF MEETING: Next meetings: July 13 and August 10. Reps from Chancellor's Ad-hoc Committee on Gay, Lesbian & Bisexual Issues will attend July meeting to receive input from community. N 729. Noon-1 p.m. Call hotline at 282-9650 for more information.

LATIN AMERICAN CAMPUS ASSOCIATION MEETING: Meets second Wednesday of each month. HSW 508. Noon. Call Al Lopez at 476-1334.

LATIN WOMEN COALITION: For Latina faculty, staff & students. Noon-1 p.m. Call Betty Jerez at 476-7117 for meeting places & dates.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. Observers welcome. C 417. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Conf. Rm. A, 3rd fl., MCB. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

DIRECTIONS: A support/education group for newly diagnosed breast cancer patients. 4th fl. lounge, 2356 Sutter, UCSF/Mount Zion. 5-6:15 p.m. Call 885-7529 or 476-5555.*

SUPPORT GROUP FOR RAPE SURVIVORS: Group explores the healing process, overcoming fear of feelings, anger and forgiveness and restoring the whole person. Sponsored by Women's Resource Cntr. Meets every Wednesday. $180 for ten sessions. Intake interview required to insure group meets needs & expectations. 6-8 p.m. Call 476-5222 for location & to pre-register.*

EATING DISORDERS SUPPORT GROUP: Open to anyone dealing with an eating disorder in themselves or others. First & third Wednesday of each month. M 688. 7-8:30 p.m. Call 332-3425.*

CO-DEPENDENTS ANONYMOUS MEETING: A twelve-step program for people who have dysfunctional long-term relationships. Meets every Wednesday. LP 01 (LPPI basement). 8-9:30 p.m. Call 432-3529.*

"AT THE HEART OF IT" CARDIAC SUPPORT GROUP: For heart patients experiencing fear, anxiety, confusion & stress. A six-week series. Call Kathleen Congdon at 885-7227.*

SUPPORT GROUP FOR FAMILY/FRIENDS OF THOSE WITH MENTAL ILLNESS: Open to anyone interested in learning more about psychiatric disorders & their treatments. Call Laura Deering-Mayclin at 476-7394 for more information.*

THURSDAY

LESBIAN LUNCH GROUP: Monthly on Thursdays. Call 476-5222 for meeting dates & locations. (Group will not meet during summer months.)*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

SUPPORT GROUP FOR WOMEN LIVING WITH LIFE-ALTERING ILLNESS: Alternate Thursdays. 6-8 p.m. Call 775-2854 to preregister & for meeting locations.*

FRIDAY

CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF. Most Fridays. Noon-1 p.m. L 535. Call 476-5836.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

LAKESIDE SENIOR MEDICAL CENTER CAREGIVER SUPPORT GROUP: Meets on the first Friday of each month. $10 per meeting. 2501 Ocean Ave. at Junipero Serra. 2-4 p.m. Call Edith Kaplan at 986-2305.*

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE. N 721. Noon-1 p.m. Call 330-5353.*

LIVER CENTER SEMINAR: *Adoptive Transfer of Immunity Against Hepatitis B Through Bone Marrow.* Daniel Shouval, Liver Unit, Hadassah Med. Cntr., Jerusalem, Israel. S 214. 4-5 p.m.

CONTINUING EDUCATION

MEDICINE

For program information call 476-4251, registration 476-5808 unless otherwise noted.

Family Practice Board Review Course. Hotel Nikko, SF. Mon. & Tues., July 5 & 6.

History for Health Care Professionals: Perspectives, Research Approaches & Writing Skills. UCSF. July 13-16.

Thirteenth International IACAPAP Congress: Violence & The Vulnerable Child. SF. July 24-28.

Clinical Care of the AIDS Patient: Summer Symposium. Sun Valley, Idaho. Aug. 25-30.

Breast Cancer 1994. Sheraton Palace Hotel, SF. Sept. 25-27.

Cardiology Update — 1994. Carmel Valley Ranch Resort, Carmel. Oct. 13-15.

Thirteenth Annual Recent Advances in Pulmonary & Critical Care Medicine. ANA Hotel, SF. Oct. 13-15.

Ninth Annual Primary Care Medicine: Principles & Practice. Ritz-Carlton, SF. Oct. 19-21.

Occupational & Environmental Medicine. Miyako Hotel, SF. Oct. 24-28.

Gastroenterology: Advances in Diagnosis & Management. ANA Hotel, SF. Oct. 28-29.

THE NEXT DEADLINE

Tuesday, June 14, 1994 is the deadline for items to be lis4ted in the next calendar, which covers **June 25-July 22, 1994** (four weeks). Complete information must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, call 476-3257, send a fax to 476-3541, or bring it to UCSF/Laurel Heights, 3333 California St., Suite 103.

Twenty-Third Annual Topics in Emergency Medicine. Miyako Hotel, SF. Oct. 31-Nov. 4.

DENTISTRY

For further information call 476-1101.

Problems with Tooth Position During the Mixed Dentition. UCSF. Sept. 9

Endodontics for the General Practitioner: Sharing the Progress. UCSF. Sept. 30.

Periodontal Update: Getting to the Root of the Problem. UCSF. Oct. 8.

The New Faces of Pediatric Dentistry: Practical Treatment Approaches. UCSF. Oct. 14.

Radiation Safety for You & Your Patient. UCSF. Oct. 15.

Selection & Use of Today's Dental Materials. UCSF. Oct. 22.

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms — X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their doctor's full name, address (including room number & zip) and phone number to assure that results are mailed promptly. The procedure takes approximately 20 minutes and costs $60. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.*

Because the service has become so popular and appointments are filled by the time this calendar is published, we list only dates when the van will be at UCSF locations and when appointments are still available:

- Fri., July 1: UCSF/Parnassus at Medical Center Way.
- Mon. & Tues., Aug. 1 & 2: UCSF/Laurel Heights, 3333 California St.
- Fri., Aug. 5: UCSF/Parnassus at Medical Center Way.

Taekwondo for mind and body

Surgeon Peter Bretan uses his hands sparingly when sparring.

"Being a surgeon, I'd rather use my feet," says Peter, an associate professor of surgery and urology. "And for all intents and purposes, the legs are the most powerful part of your body. But they're not the most coordinated so it takes plenty of practice."

Peter has been practicing the ancient art of Taekwondo for the past 20 years. A black belt, he finished fourth in the national championship in April in Las Vegas.

Today he's passing on his passion for the sport of self-defense to others on campus. As founder of the UCSF Taekwondo Club, Peter is the sole instructor of its 30 members, including students, staff and health care professionals. The club began in November and meets three days a week at the Millberry Union Building.

"I've learned more from my students when I teach," says Peter, also a triathlon competitor. "I didn't realize it would be so much fun."

Fun is not the word most students use to describe the strenuous warm-up session which includes punches, kicks and push-ups. But with more than six months of strength behind them, his students regularly complete the exercises.

As in the military, discipline is big in traditional Taekwondo classes. Students line up in rows and say "sir" after each command. Each student also practices movements in unison until it's time to spar with partners of the same rank.

Peter "free-spars" with Johnny Chang, another black belt. Chang, who joined the club to help him cope with the pressures of medical school, says Peter is among the best instructors he's had. "He's a technician. He loves accuracy."

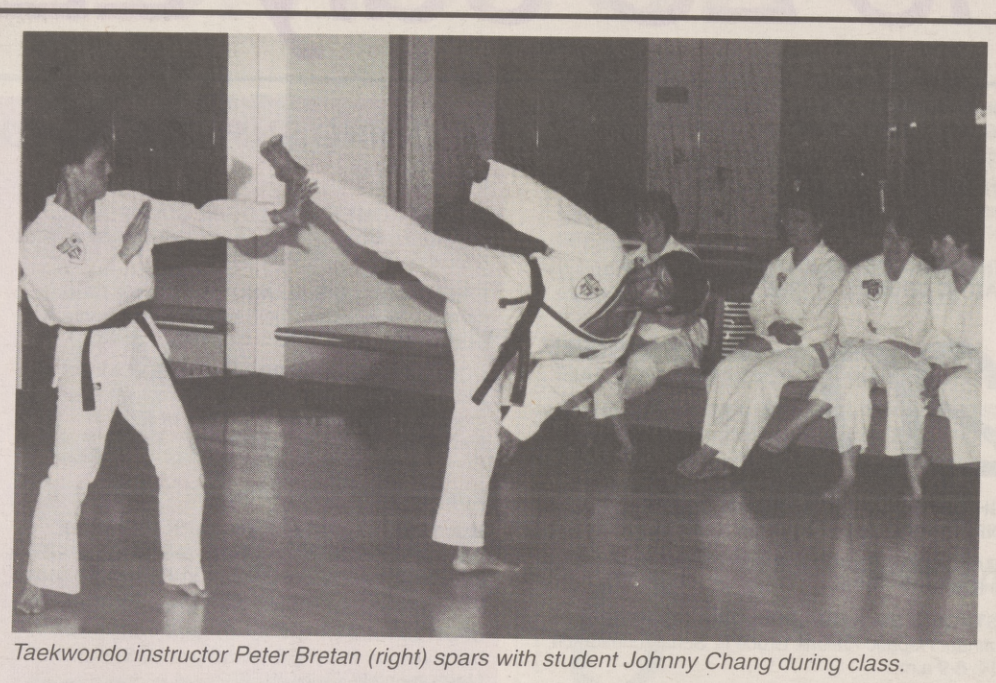
Taekwondo means the "way of the hand and foot technique toward personal development." Considered the oldest form of martial arts, Taekwondo originated in Korea about 37 BC. Evidence of its popularity is found in drawings in tombs and temples. It was introduced to this country shortly after the Korean War in the mid-1950s.

Peter considers Taekwondo a "superior form of the martial arts," much different from the Chinese Kungfu or the Japanese Karate, because it develops the mind and body. Taekwondo students have lower levels of anxiety and higher levels of self-esteem, he says.

Psychiatrist Roger Lauer says he finds it relaxing. Lauer, who has advanced through white, orange and yellow-colored belt ranks to become a camel-colored belt, recently finished in second place at the regional competition in Sacramento. "I've taken some other classes, but I have never progressed the way I have in Taekwondo."

Peter is certified by the American Taekwondo Association, the world's largest martial arts organization, which celebrates its 25th anniversary this year. Although Peter has never had to use the art to defend himself, he wouldn't hesitate a minute if he had to protect himself or his family. Fortunately for him, his two sons, Mason and Johnathan, are also practicing the art and may one day defend their dad.

For more information on the UCSF Taekwondo Club, call Peter at 476-1551.



Taekwondo instructor Peter Bretan (right) spars with student Johnny Chang during class.

Apply for IIP grants

UCSF faculty and students are invited to submit grant proposals for instructional improvement projects (IIP) to be completed during the 1994-95 academic year.

The deadline to apply for IIP grants is Friday, July 8, 1994.

Funds available to support these one-year grants are limited, according to Keith Wilson, director of faculty relations and academic affairs. Priority will be given to proposals in the $2,000 to $5,000 range.

The Advisory Committee, which makes recommendations on awards, favors innovative programs that are sustainable after expiration of the one-year funding period of the grant. A follow-up grant is highly improbable.

Only applications on the appropriate forms will be considered. For more information or application forms, call Academic Services, 476-5742 or 476-1881.

Fund performances

For those invested in the 403(b) Plan and the DC plan, here are the latest unit values and monthly factors (as of May 31, 1994). The annualized yield reflects the annual yield that could be achieved if the current monthly rate were compounded for one year.

	Monthly Factors	Annual Rate	Annualized Yield
Savings	.0055	6.45%	6.55%
Money Mkt	.0032	3.77%	3.79%
ICCF	.0065	7.61%	7.78%

	Unit Values	12-Month Return	3-Year Avg. Annualized Return
Bond	$58.39	-1.4%	10.2%
Equity	$100.19	4.3%	9.3%
Multi-Asset	$14.48	4.1%	8.4%

The investment results, as measured by total return figures given above, represent past performance and should not be considered indicative of future results. For more information, please call 476-9256.

UC offers employees TRIP '94

The voluntary Time Reduction Incentive Plan (TRIP) will be extended for the fiscal year 1994-95, says Mary Henry, UCSF human resources policy coordinator.

This is the third TRIP offered to UC employees since the plan began in 1992 in response to state budget cuts. More than 3,500 employees have participated in the systemwide program for a savings of about $17 million over the past two fiscal years, according to the Office of the President.

The deadline to submit the personnel action form and TRIP election form to the Personnel Department is Tuesday, July 12.

Incentives for participation in TRIP '94 include retention of retirement and seniority service credit at the pre-TRIP appointment percentage and accumulation of bonus leave hours to be credited after June 30,1995. Departmental approval is required for all TRIP requests.

For more information, call the Labor and Employee Relations Division at 476-3905.

"Week of Caring"

Mark your calendars for this year's "Week of Caring," Monday, September 19 through Saturday, September 24, which kicks off the annual United Way campaign.

For the third consecutive year, UCSF is working with the San Francisco Volunteer Center to coordinate special projects in UCSF neighborhoods. More news to come in *Newsbreak/Medsounds.*

Harassment advisors complete training

A second group of advisors have recently completed training as part of UCSF's sexual harassment prevention and resolution program.

The group of 11 consist of faculty, managers, Medical Center staff and a student/resident program administrative assistant. "Altogether the total group of advisors represents an excellent cross section of the campus in terms of diversity and geographic location," says Alma Sisco-Smith, UCSF's sexual harassment coordinator.

The purpose of having advisors is to help people seeking information about how and where to bring a concern or complaint.

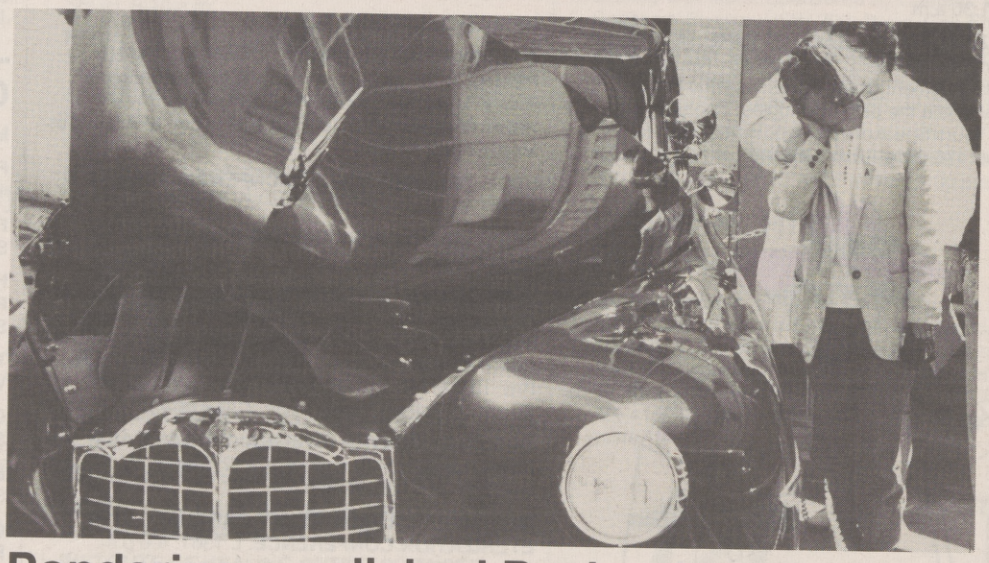
It is UC policy to raise any concern with immediate supervisors. "This may or may not, however, be a reasonable route depending on the circumstances," says Sisco-Smith. She says for UCSF, in particular, it seems important to establish outreach for the campus community and this arrangement is one way to provide access.

Advisors serve as volunteers who have had specific training, including how to handle individuals with sensitivity, impartiality and confidentiality. In their role, the advisors work closely with Sisco-Smith to assure appropriate courses are taken quickly.

The new group of advisors include: Jeanne DeJoseph, School of Nursing, Box 0606, 476-4694; David Elkin, Psychiatry, SFGH, Box 0852, 206-8647; Karen Erlichman, Social Work, Box 0306, 476-1077; Jeffrey Kilmer, Student/Curricular Affairs, School of Nursing, Box 0602, 476-0600; Daniel Kilpatrick, School of Medicine, Box 0120, 476-1964; Ronald Kos, Accounting, MCB, Box 0812, 476-8449; Jo Ann LaCasse, Accounting, MCB, Box 0812, 476-7007; Roger Lewis, Pediatrics, Box 0110, 476-3098; Janet Molinari, Anesthesia, Box 0648, 476-3235; Anna Spielvogel, Psychiatry, SFGH, Box 0852, 206-5191; and Sexton Sutherland, Anatomy, Box 0452, 476-1861.

The new group brings the campus total of sexual harassment advisors to 28. Plans are underway to put the complete list of all advisors, with brief descriptions of each, onto the E Mail Bulletin Board, Sisco-Smith says.

Fun Zone



Pondering a polished Packard

An unidentified employee is awestruck by Warren Lubich's 1950 Packard at EMPACT!'s annual classic car show and raffle on June 3. A retired UCSF employee from neurosurgery, Lubich has been polishing his Packard since its purchase in 1979. The raffle netted the employee organization $7,900, earmarked for future employee activities and on-going services. Top ticket seller this year was Elaine Shanahan of the ACC who sold 660 tickets. This won her two roundtrip airline tickets to anywhere in the continental US donated by American Express and Northwest Airlines. The top three raffle winners were UCSF neighbor Jennifer Wu (Hawaiian cruise), Elsa Valesco of Nutrition & Dietetics (digital computer), and Julie Brewster of Mount Zion (another pair of roundtrip airline tickets, these donated by Campus Travel and American Airlines).

Students get financial aid

The UCSF Faculty Wives and Associates announced at its May 4 annual meeting that it raised $20,000 for the UCSF financial aid program. At the recent meeting are (left to right) Nancy Kull, director of student financial services; Dorothy Bainton, vice chancellor; Marilyn Lucia, the group's incoming president; Leona Hansen Biddle, outgoing president and Jason Pehling, a 1993-94 recipient of a UCSF Wives and Associates scholarship. Recognizing the increasing amounts of educational debt UCSF students incur, the group started a scholarship program in 1991.

Take on Challenge

The Chemical Bank Corporate Challenge, a 3.5 mile race, is open to all UCSF full-time employees. Slated for 7 p.m. Thursday, August 11, the race entry fee is $10. For more information on the run, call Jimmy Choy, UCSF team captain and specialist in environmental health and safety, at 476-5506.

Teach in Brazil

The UC Education Abroad Program (EAP) seeks a faculty director for the EAP Brazil Study Center for the period of January 1, 1995 to December 31, 1995.

Fluency in Portuguese and a broad knowledge of Brazil are required.

The application deadline is Friday, July 1, 1994. For more information, call 502-2962.

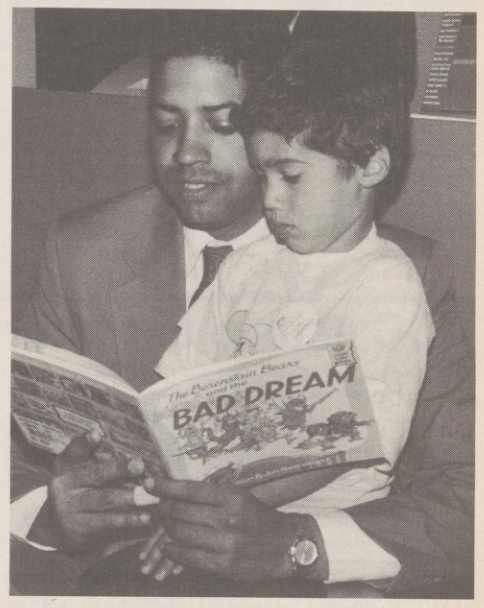
Medsounds Continued

Auxiliary hosts fashion show

The UCSF Hospital Auxiliary hosted a fashion show June 2 at the San Francisco Senior Center Aquatic Park Branch. John DeMeo stands with (left to right), Lili Lim, the Auxiliary's outgoing president and Verna Shaheen, manager of the Bear-ly New Thrift Shop at 1752 Fillmore Street. DeMeo was among several members of the senior center who modeled thrift shop clothes and accessories sold to benefit patients at the UCSF Medical Center. The shop is in need of donations and volunteers. Those interested should call the shop at 921-2789.

Primary care expands to Lakeshore clinic

Medical Center Director Bill Kerr, above right, says a few words at the June 14 open house of the UCSF Medical Group, Lakeshore practice located at the Lakeshore Plaza Shopping Center on Sloat Boulevard near 34th Avenue. Bruce Wintroub, chair of the dermatology department, and Carolyn Buretta, site manager, look on. Below right, Eric Vega, a licensed vocational nurse at the Lakeshore clinic, shares a moment at the open house with his son, Paul.



Kuhn scholarship deadline is July 15

Applications for the Jacqueline W. Kuhn Scholarship must be returned to the nominating committee by Friday, July 15.

This year is the first time the UCSF Medical Center is offering the scholarship named after the former finance director. Kuhn, who announced her retirement last November, requested that the retirement fund set up in her honor sponsor college scholarships.

The purpose of the $1,000 scholarship is to recognize a dependent of a Medical Center employee who has demonstrated excellence in academic accomplishments as well as service to the community.

Applicants must be the dependent of a staff member who has been employed by the UCSF Medical Center for at least three years. Applicants must have been accepted by or be enrolled at a University of California or California State University campus. They must have at least half-time student status.

The awardee will be selected by a panel of Medical Center staff based on academic achievement, community service, extracurricular activities and financial need as indicated in the application form.

Send applications to the Jacqueline W. Kuhn Scholarship Fund Committee, c/o Kathy Balestreri, Box 0296. For more information or for an application, call 476-2316.

HIV *(from page 8)*

women's clinic.

"This is a unique model of multidisciplinary care," she says. "Especially since women and children make up the fastest growing segment of the AIDS patient population."

Part of a network of community clinics that serve HIV-women in the early stages, the Women's Clinic treats those in the advanced stages of the disease. The grant enables UCSF practioners to spend more time with the patients, says Greenblatt.

Most of the specialized services, including access to a couple of lawyers from the AIDS legal referral program who offer services such as power of attorney and guardianship, will be available through the joint clinic on Wednesdays between 8:30 a.m. and noon. Those hours may be expanded to accommodate more patients, Greenblatt says.

Demand for the services at the Women's HIV Clinic has been greater than expected, Clark says. The clinic now serves about 150 women, most from San Francisco and a few others from the East Bay and Peninsula.

The pediatric program oversees the care of more than 160 infants and children from throughout Northern California and as far south as Fresno. Established in 1986, the pediatric program has two major components: clinical care and research.

Presidio *(from page 1)*

new national park at the Presidio," said UCSF Vice Chancellor Bruce W. Spaulding. "We are pleased to include such a unique opportunity among our planning options."

UCSF plans to conduct a series of community workshops to hear the perspective of neighbors and other citizens in regard to the UCSF proposal.

The Park Service announced it will also begin discussions with Tides Foundation, in partnership with Equity Community Builders, which proposes to convert part of the Letterman hospital into offices, classrooms and public exhibit space.

"We are pleased both with the level of interest in the RFQ and the quality of the submissions," said Presidio General Manager Robert Chandler. "Beginning discussions with the Tides Foundation and UCSF represents the first major step towards achieving both our program and real estate leasing objectives in the transformation of the Presidio into a great urban national park."

In a recent letter to the Park Service, Spaulding stressed the importance of providing the public the opportunity to hear about and comment on lease negotiations. Spaulding wrote the letter after members of UCSF's Community Advisory Group, a group of 38 community and neighborhood leaders appointed to advise UCSF on long range planning issues, expressed concern about the level of public discussion surrounding the Presidio planning process.

UCSF's proposal to the Park Service outlined the concept for a Presidio Center for Health Sciences Research and Education at the Letterman Army Hospital, the Letterman Army Institute for Research and other buildings in the 1.2 million-square-foot complex. The 60-acre site is part of the historic Presidio, a 1,487-acre Army base which will become part of the Golden Gate National Recreation Area on October 1.

Pediatrics *(from page 8)*

these floors to make them more accessible to staff and comfortable for patients and their families, Shapiro says.

Part of the reason for the growing numbers of pediatric patients is UCSF's worldwide reputation for specialty practices. And there are "fewer private practice pediatric specialists, so there is somewhat less competition than for adult patients," Shapiro adds.

Under expansion plans, the current four beds dedicated for bone marrow transplant patients will expand to seven. Since the inception of the pediatric bone marrow transplant program in 1982, UCSF has performed more than 200 transplants, including many from unrelated donors.

The Pediatric Cardiac Surgery Program continues to flourish. While corrective cardiac procedures are performed on children and teens of all ages, UCSF has expertise in the repair of complex defects in small infants. The program has been successful in the definitive surgical repair of congenital heart defects even on premature and low birthweight infants. Nine pediatric ICU beds are being constructed to accommodate these activities.

The Pediatric Clinical Research Center will be moved from the sixth to the seventh floor. Services and staff previously located on 7 Long were relocated when that nursing unit closed May 2. Cardiovascular surgery is now on 10 Long, urological surgery is on 14 Long and eye surgery is on 8 Long.

UCSF also is boosting its primary care practice in pediatrics at the Lakeshore clinic which opened May 2.

Kindergartners sought for study on starting school

Specialists in childhood health at UCSF are looking for families with kindergarten-age children to participate in a research project on the relationship between starting school and the incidence of colds and respiratory illness.

According to Joan Davidson, project director, the goal is to find out how children respond to stress, how the stress of starting school affects the immune system, and how these factors put children at greater risk of getting colds, the flu and other respiratory illness.

To participate, children must be entering kindergarten this fall and must be available for three visits to UCSF: the first this summer, the second during the week before school starts and the third during the two weeks following school's opening day.

Participating families will be compensated $50 for their time.

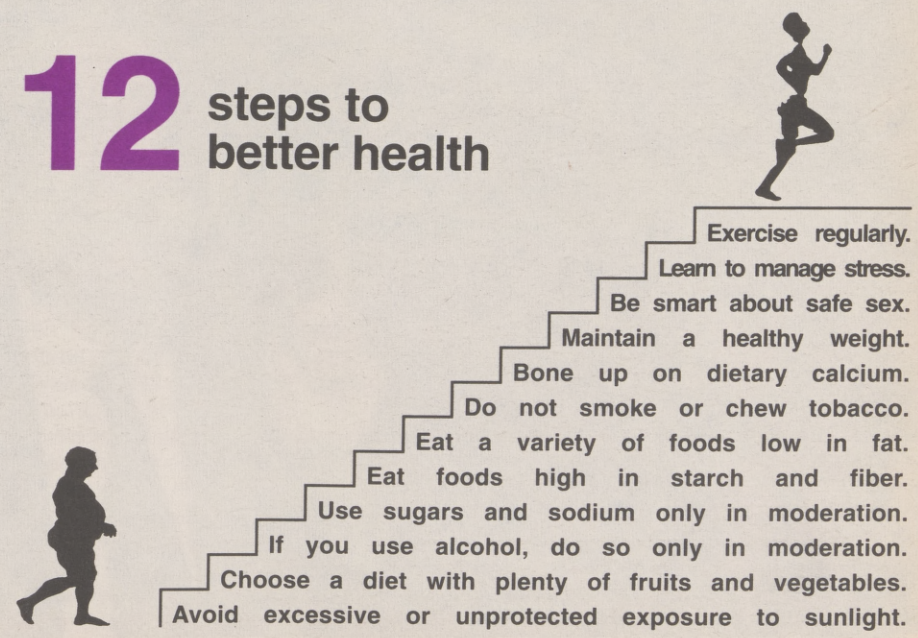
For more information, contact Davidson or Jennifer Bensadoun in UCSF's Behavioral and Developmental Pediatrics at 476-9740.

Longevity *(from page 8)*

informed health decisions, Rosenbaum gives advice on how to reduce the risks of dying early from heart disease, cancer, stroke, osteoporosis and accidents. These tips are outlined in the book.

For the past nine years, The Better Health Foundation has proposed a 12-step program to improve health and longevity.

The program builds on a study that began in 1965 of 7,000 people who followed a seven-point plan for longevity. Published in *Preventive Medicine* in 1980 by doctors Lester Breslow and J.E. Enstrom, the study confirmed that people who followed most of the personal health habits, such as exercising regularly and sleeping at least seven hours a day, beginning at age 45 lived longer than those who complied with few or none of the habits. Generally, women lived an average of seven years longer and men added an average of 11 years to their life, explains Rosenbaum.


12 steps to better health
Exercise regularly.
Learn to manage stress.
Be smart about safe sex.
Maintain a healthy weight.
Bone up on dietary calcium.
Do not smoke or chew tobacco.
Eat a variety of foods low in fat.
Eat foods high in starch and fiber.
Use sugars and sodium only in moderation.
If you use alcohol, do so only in moderation.
Choose a diet with plenty of fruits and vegetables.
Avoid excessive or unprotected exposure to sunlight.

Source: Better Health Foundation and UCSF/Mount Zion

Volume 9, Number 12 June 25-July 22, 1994

UCSF
Medsounds

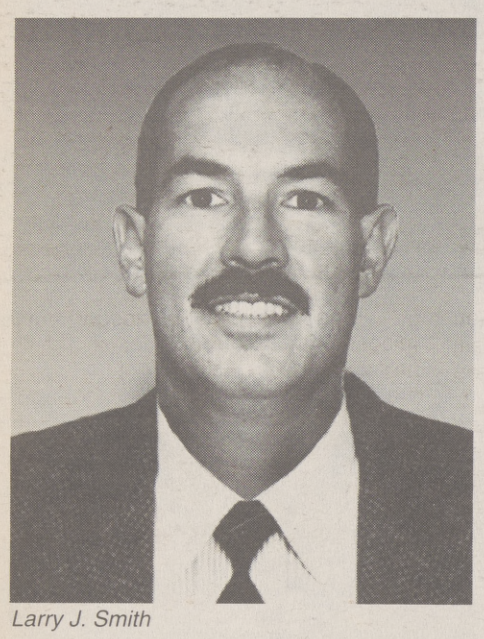
Page 1 . . . UCSF awards top graduates

Page 3 . . . Giants game to benefit AIDS research, education and care

Page 3 . . . Pediatric dentist speaks on health care reform

Medsounds is a section of *Newsbreak* for and about employees of the Medical Center, including Moffitt-Long, the ACC, Mount Zion and Medical Center employees at Mission Center and Laurel Heights.

Medical Center appoints new finance director



Larry J. Smith

Larry J. Smith will begin work as the Medical Center's new director of finance on June 27.

Smith will oversee the Medical Center's annual operating budget of $500 million and a staff of 365 in the finance department. His responsibilities will include financial planning, accounting, billing and collecting revenues as well as working with staff as the Medical Center moves to a managed care health system.

"I think UCSF is the best academic health center in the country," says Smith, 45.

He replaces Jacqueline W. Kuhn who announced her retirement last November.

About 20 years ago, Smith thought it would be rewarding to manage finances for a business where "the end product is helping people." He had no idea his career as a financial manager would be critical in the shift to a managed care system in health care.

Smith says a major part of his job will be talking with physicians to "explain the economics of a managed-care system" and to manage the institution more cost-effectively.

Smith worked the past four years as vice president for finance and chief financial officer at Hermann Hospital, the primary teaching hospital for the University of Texas Health Science Center at Houston. He developed a managed care plan at that hospital and contributed to its financial turnaround from a $29 million loss in 1989 to a $44 million gain in 1993.

He also served as chief financial officer at the Queen's Health System in Honolulu, the Alta Bates Corporation in Berkeley and Mount Diablo Hospital Medical Center in Concord.

"The Medical Center is fortunate to have found someone with Larry's experience and unique talents," says Bill Kerr, director of the Medical Center.

A native of Tennessee, Smith earned his MBA in health services administration from Golden Gate University in San Francisco in 1978. He earned a BA in accounting at the College of William & Mary in Williamsburg, Virginia.

Smith is a member of the Healthcare Financial Management Association, American Institute of Certified Public Accountants and the American College of Healthcare Executives.

Pediatrics expands to improve care

The UCSF Children's Medical Center, now located on the sixth and fifteenth floors of Moffitt-Long Hospitals, is expanding to the seventh floor of Long and part of Moffitt this month, according to Larry Shapiro, professor and chair of pediatrics.

While hospital occupancy for adult patients has declined in recent years, the number of pediatric inpatients continues to grow. "I think it's the excellence of service," says Shapiro. "Patients are coming from long distances for our care."

Increasing numbers of infants and children have caused severe overcrowding for inpatient services. As a result, the overflow has meant some patients are sent to beds on other floors, Shapiro says. Having patients on other floors is "less than optimal care" because it makes it more difficult to provide continuity of care and to provide highly specialized pediatric nursing care, Shapiro explains.

The expansion of the Children's Medical Center will mean more patients will be located on the sixth and seventh floors. Plans are being considered to remodel

(See Pediatrics on page 7)

ACC named to honor Robert H. Crede

The Ambulatory Care Center (ACC) has been renamed the Robert H. Crede Ambulatory Care Center in honor of the professor emeritus of the Department of Medicine.

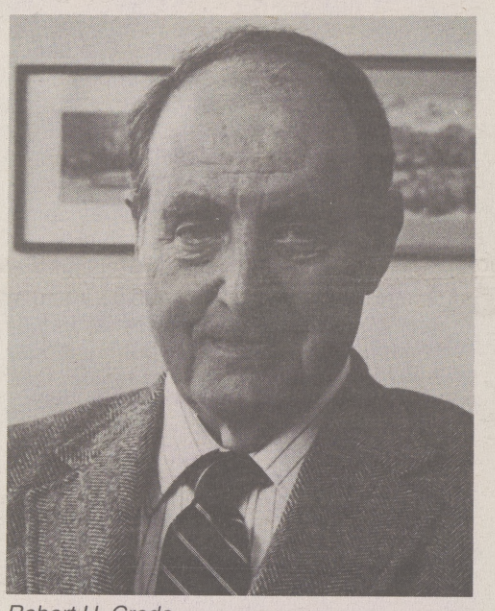
Chancellor Joseph Martin proposed the name change to recognize Crede's distinguished leadership in ambulatory and community medicine. The UC Board of Regents approved it at its recent meeting.

"Crede has left a great esteemed legacy at UCSF in both teaching and patient care in the ambulatory care setting and in pioneering work in establishing postgraduate education in general internal medicine," wrote Chancellor Martin in a letter to the UC Regents.

Since its opening in 1972, the ACC has provided comprehensive medical care of outpatients throughout California and bordering areas. It is operated as a department of the UCSF Medical Center in connection with the teaching programs of the schools of Medicine, Dentistry, Pharmacy and Nursing. During the 1992-93 fiscal year, the ACC recorded 338,627 patient visits.

Crede, who established the Division of Ambulatory & Community Medicine in the Department of Medicine, served as chair from 1965 to 1980. During this time, he was responsible for improving the teaching of ambulatory care and establishing an exemplary primary care training pathway that has served as a model for the nation, Chancellor Martin says.

When Crede was vice chair of the Department of Medicine and associate dean for academic affairs in the School of Medicine more than 30 years ago, he was charged with the planning of the ACC and in shepherding it through the University.



Robert H. Crede

A native of Chicago, Crede completed his pre-medical and medical training at UCSF and received the prestigious Gold Headed Cane Award in 1941.

He was appointed to the faculty of the School of Medicine in 1946 and was honored as the Alumnus of the Year in 1972. He served as president of the Alumni Faculty Association of the School of Medicine in 1984.

Women, pediatric HIV clinics collaborate

Life is about to get a little easier for local women with HIV.

Women and their children with the human immunodeficiency virus that causes AIDS will soon be able to get treatment all in one place with the help of a $350,000 federal grant to coordinate services.

The City's AIDS Office recently awarded Ryan White funds, money filtered from the federal government, to the Women's HIV Clinic and the Pediatric AIDS Program for a new collaborative clinic at the ACC.

"For HIV-infected women, their lives are sometimes chaotic due to the disease and their lifestyle," says Joel Miller, project manager for the women's clinic. "This will help to simplify their life."

Since it opened as part of UCSF's Adult AIDS Program in July 1992, the Women's HIV Clinic has provided medical and social services that cater to women infected with the virus. But because many of them have children who are HIV-positive and HIV-negative, it's been difficult for some to go to medical appointments when clinics are spread throughout the ACC.

"Mothers sometimes miss appointments because they put their children's health needs first," says Tina Clark, senior nurse practitioner at the women's clinic. "It will be great to have a family type of approach all in one place."

Details about operating procedures are still being discussed for the joint venture, but women and children with HIV and AIDS will be able to see a pediatrician, gynecologist, psychologist and nutritionist at the fifth floor clinic. The combined clinic is expected to be running in July and an open house is planned for August, Miller says.

"This will foster more of a sense of unity within the program in caring for the family as a whole," says Carol Miller, a pediatrician.

The women's clinic has received Ryan White money for the past two years, but it does not go far enough because it's used to supplement women without health insurance. "We don't turn anyone away for lack of funds," Clark says.

UCSF was rated among the top ten hospitals for women in the nation in the June 1994 issue of *McCall's* magazine because of the comprehensive services offered at its Women's HIV Clinic. And although the women's clinic has coordinated services with the pediatric AIDS program before, the relationship will become stronger because health professionals will work in the same location says Ruth Greenblatt, medical director of the

(See HIV on page 7)

Adopting good health habits improves chances of living longer

Sidney Amber with Ernest Rosenbaum at the recent Brown Bag Lecture

It's never too late to start living a healthier life. Just ask Sidney Amber, 108, the oldest man in San Francisco.

Amber, who smoked and drank excessively during his heyday, gave up those vices at age 60. Today, he works a few days a week as a maitre d' at Sears Fine Food Restaurant.

"Working keeps me young," says Amber. "I forget about my age. I don't look 108 years old, I'm sure of that."

For Ernest Rosenbaum, clinical professor of medicine at UCSF/Mount Zion, Amber is a good example of how one can kick bad habits to live longer.

Recently, the two teamed to entertain a lunchtime crowd of mostly seniors at a Brown Bag lecture sponsored by the Campus Tours/Speakers Bureau. Rosenbaum used the opportunity to highlight the book, *You can't live forever. You can live 10 years longer with better health,* which he wrote with Jay Luxenberg, associate clinical professor of medicine at UCSF/Mount Zion, among others.

Heredity plays a big part in longevity, says Alan Glassberg, Amber's doctor. "The most important thing to do is to pick your parents carefully," he says. But as he wrote in the preface to the aforementioned book, Glassberg attributes Amber's long life to more than his good genes (his father lived to be nearly 100). Amber stays active and has an easy-going attitude that helps him manage stress, Glassberg explains.

> *"I don't worry about anything ...I take life as it comes."*
>
> — Sidney Amber, 108, oldest man in San Francisco

"I don't worry about anything," Amber says. "I've been that way all my life. I take life as it comes."

While having ancestors who have lived long lives and having access to quality medical care influence one's longevity, Rosenbaum says everyone can improve their chances of living longer by adopting good health habits.

As medical director of the Better Health Foundation, a non-profit organization dedicated to providing people with knowledge and support services needed to make

(See Longevity on page 7)